



Homemade Fake Snow

Ingredients

- 1 ½ cups baking soda
- ¼ cups hair conditioner
- glitter if desired



Instructions:

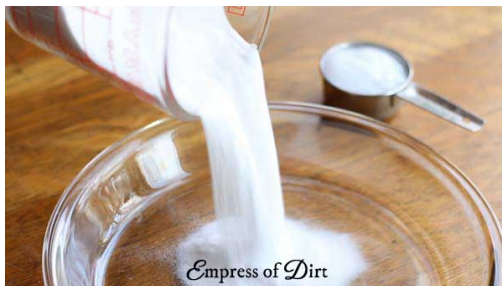
1. Measure baking soda and hair conditioner



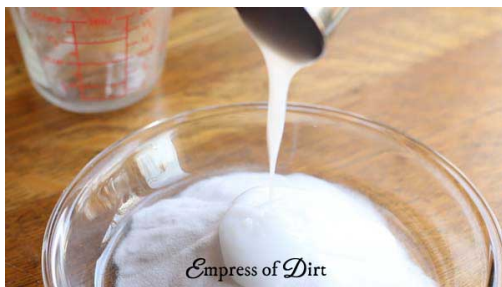
3. Mix ingredients together



2. Pour ingredients into a large bowl



4. Play!





ANIMAL WALK GAME

Let's Go Fishing!

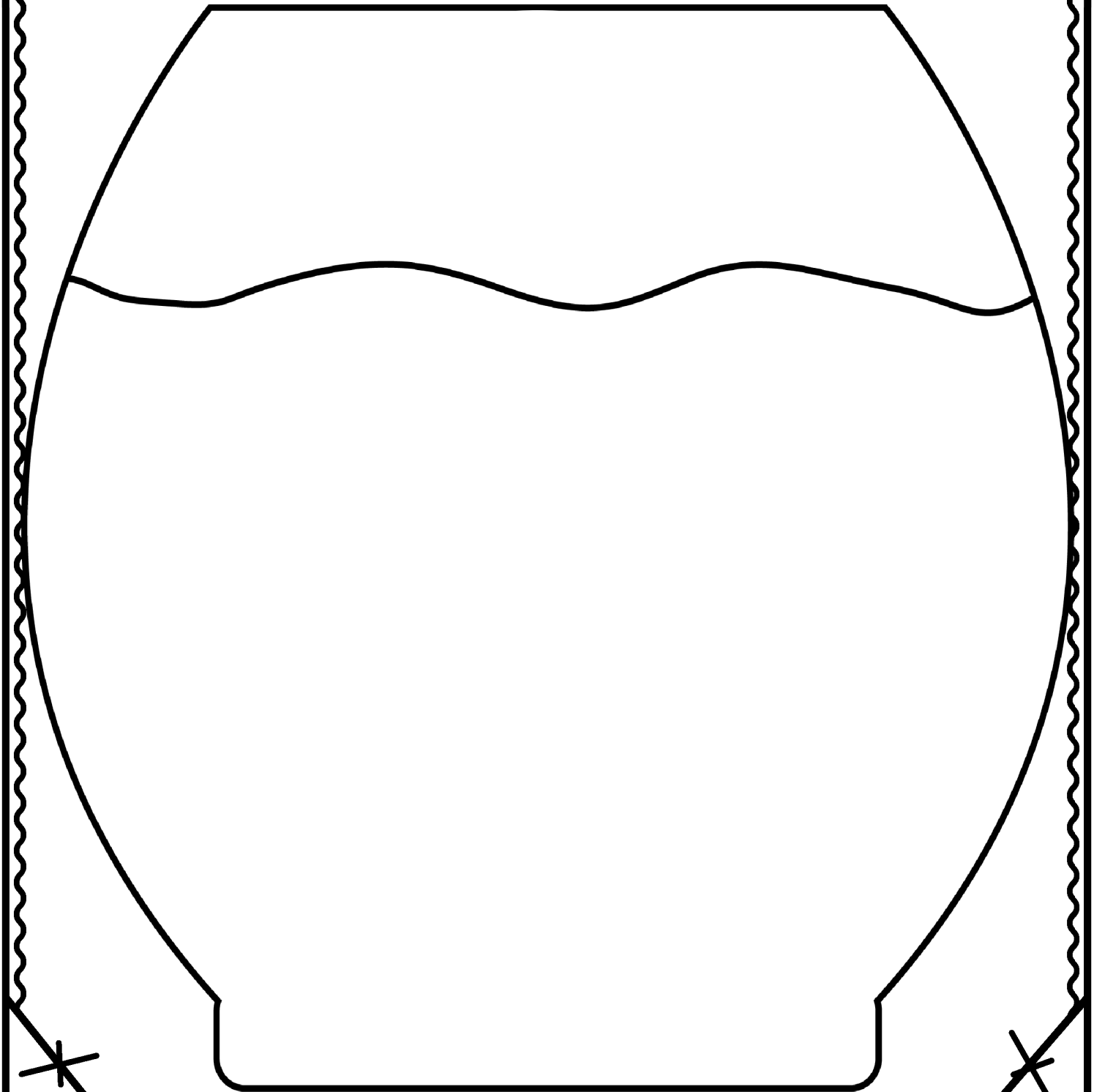
ASSEMBLY INSTRUCTIONS

1. Print out the Fish Animal Walk Cards (color or black/white versions included) and Fish Bowl.
2. Cut out fish cards.
3. Laminate Cards and Fish Bowl if possible for durability.
4. Place a paper clip on the top of each fish card.

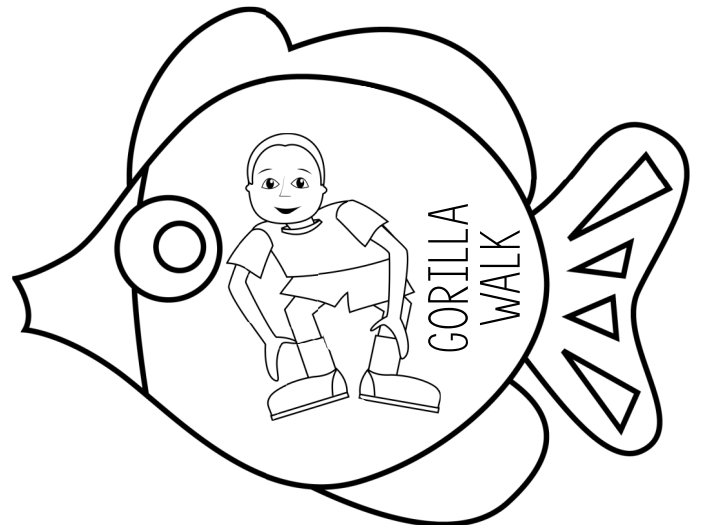
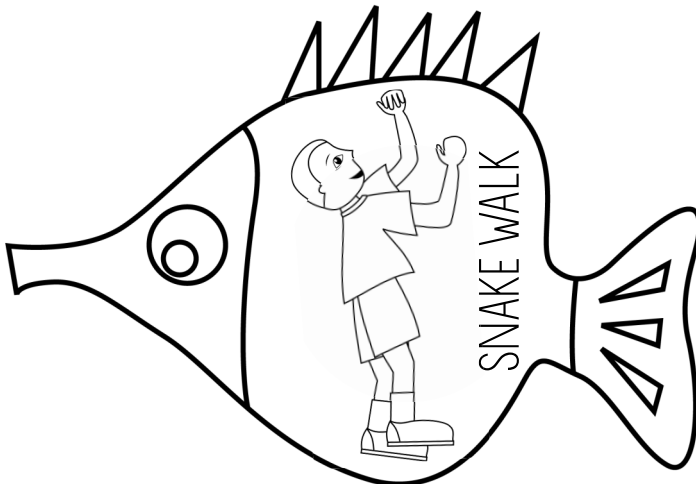
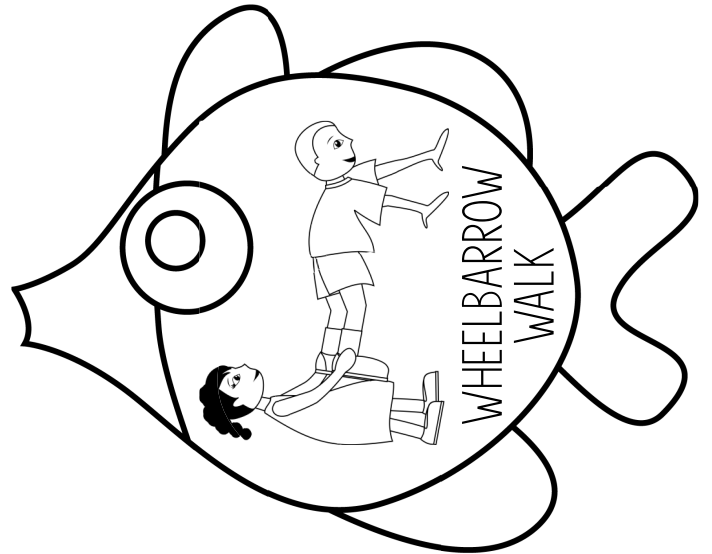
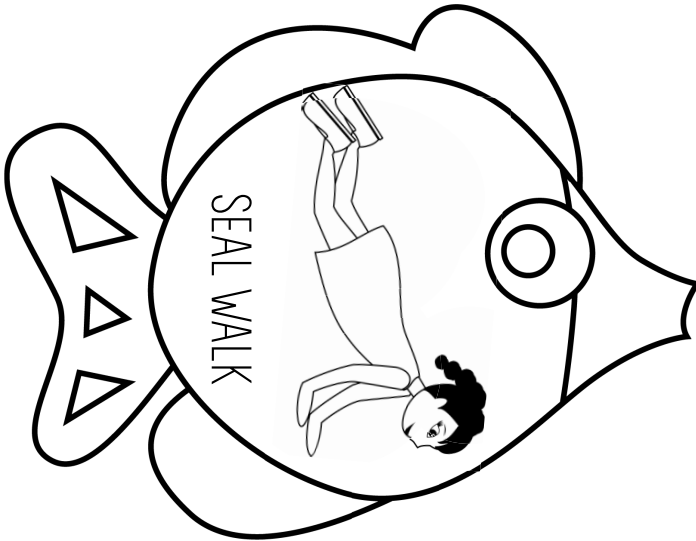
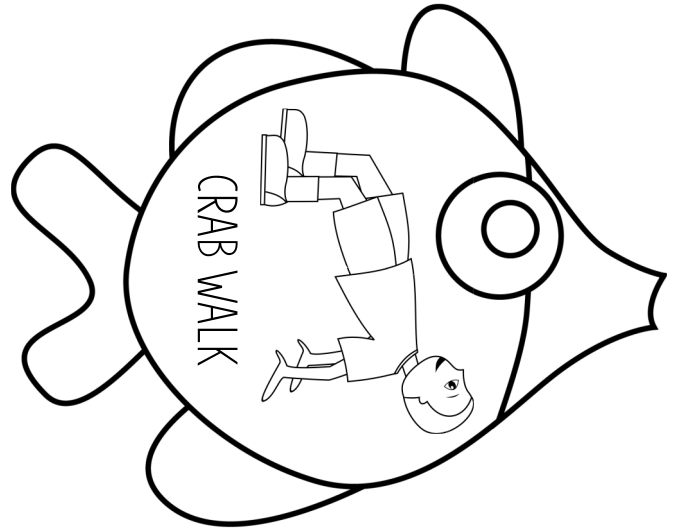
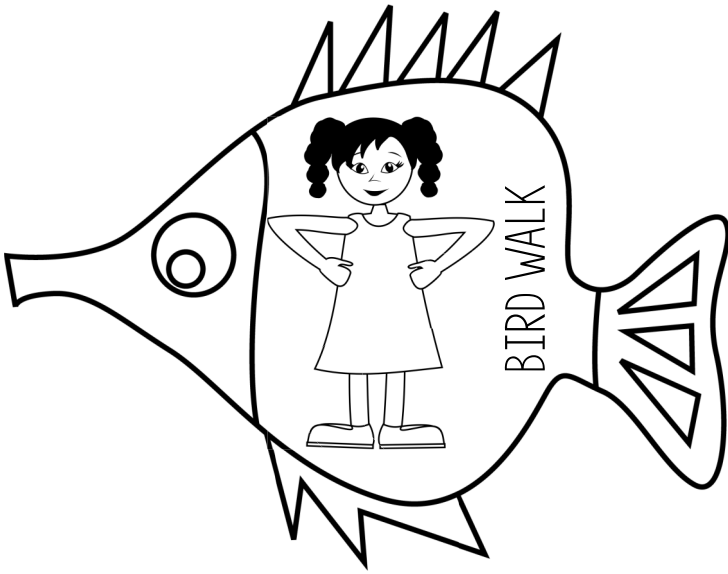
HOW TO PLAY

1. Scatter the fish cards around on the floor.
2. Place the fish bowl a distance away from the cards.
3. Using a magnet pole, student must "fish" and pick a card.
4. Student must read the card and complete that animal walk back to the fish bowl.
5. Student places their fish in the bowl and completes steps 3-4 again until all the fish are collected.

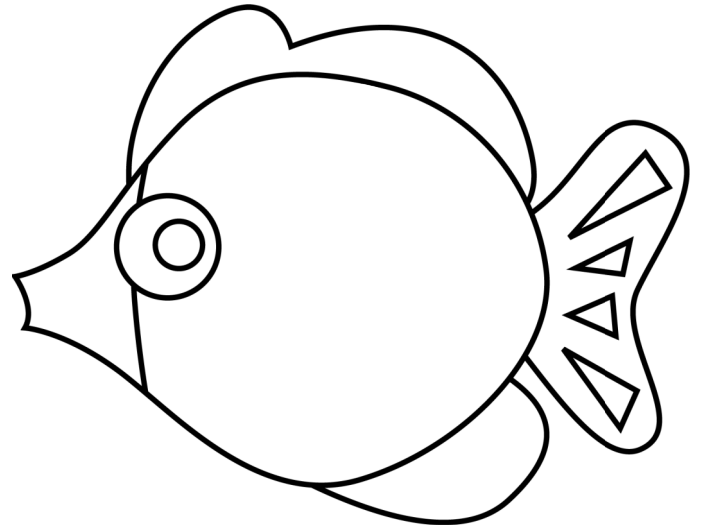
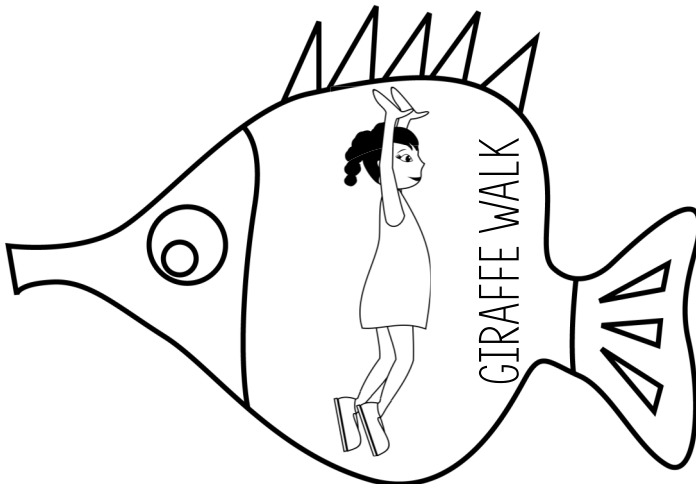
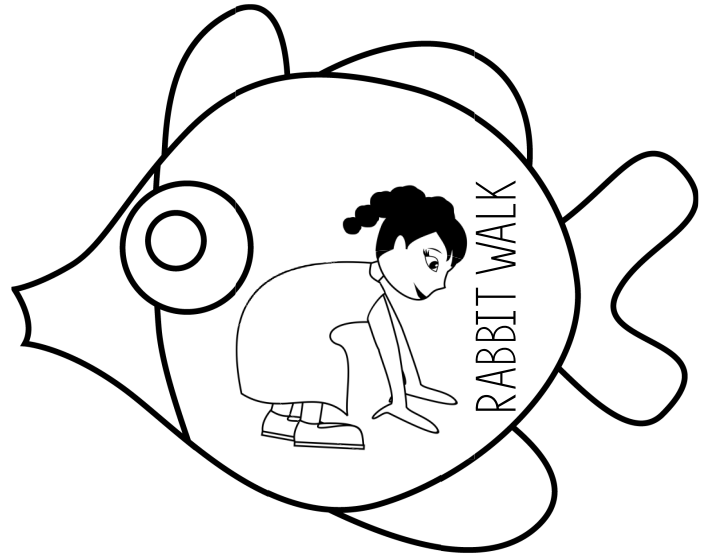
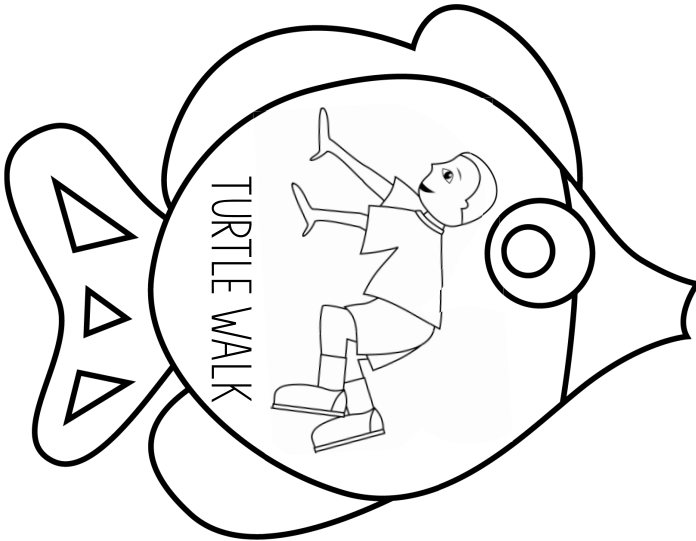
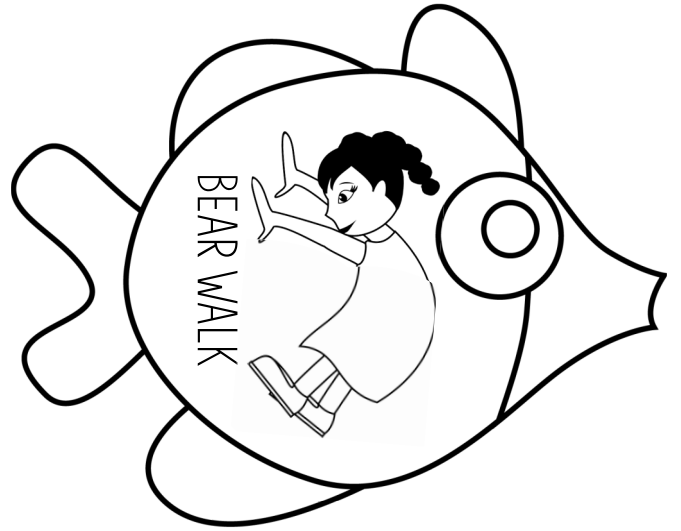
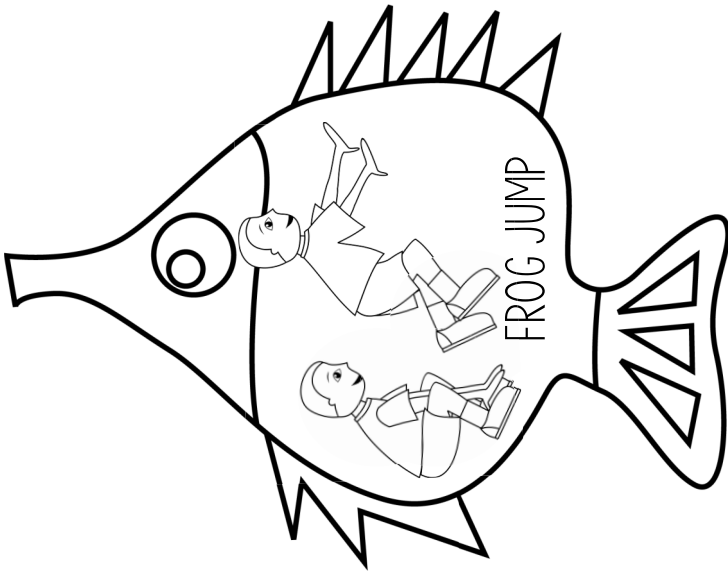
Let's Go
Fishing!



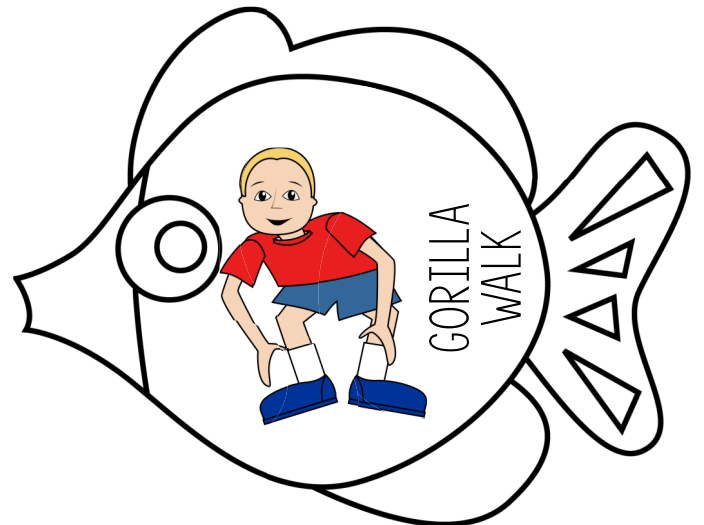
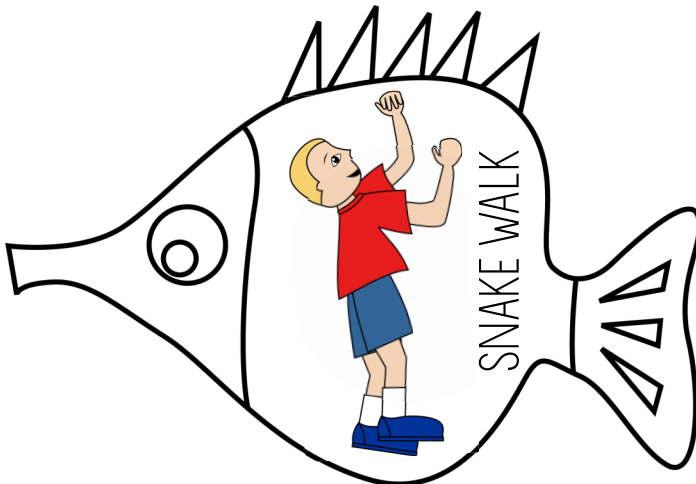
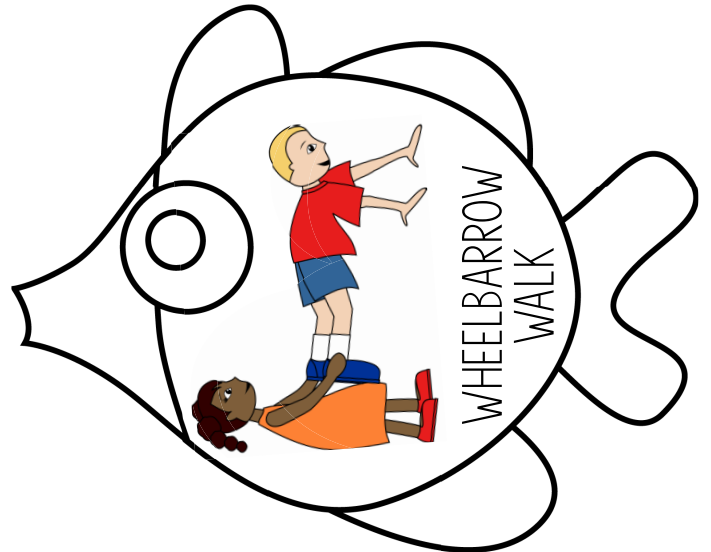
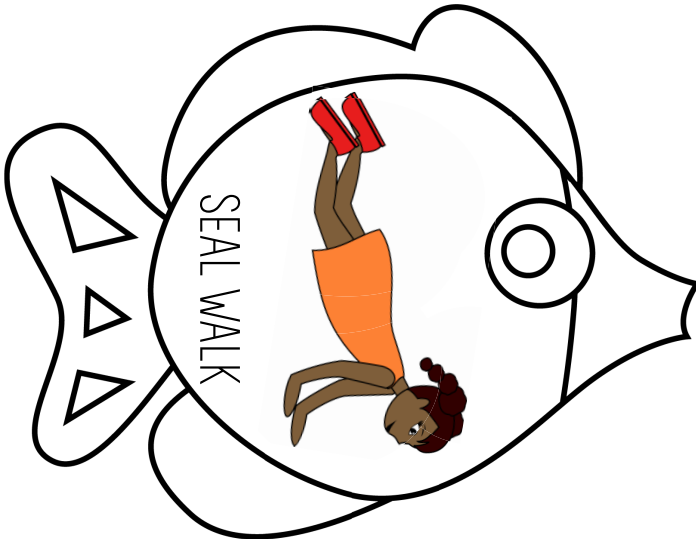
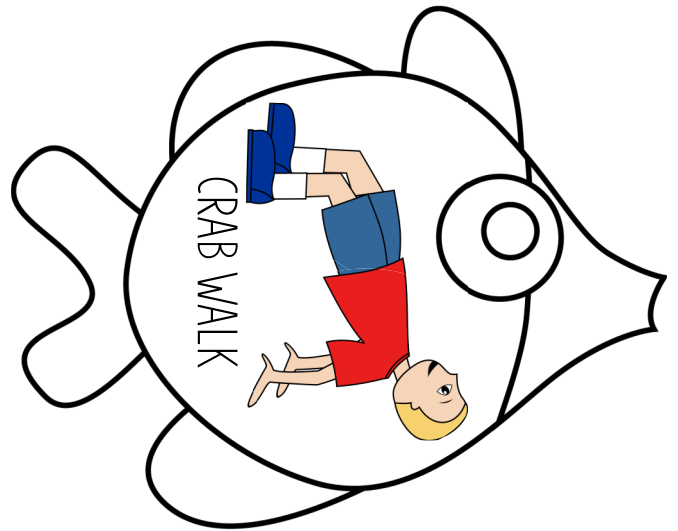
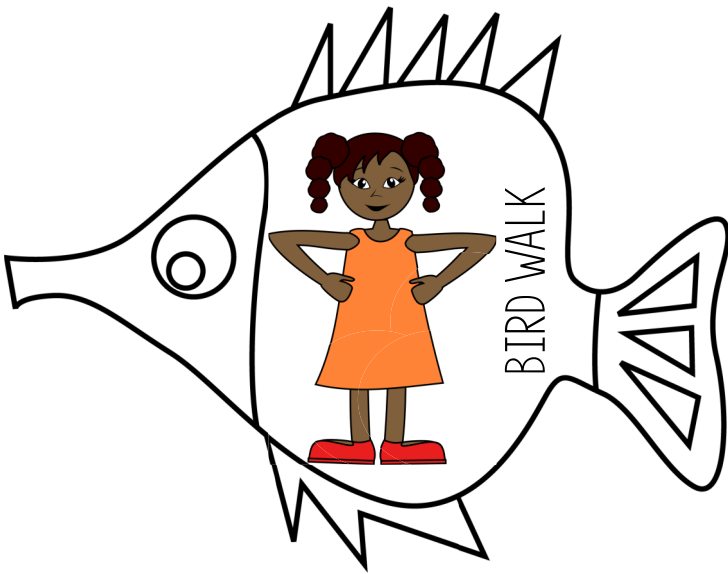
FISH CARDS 1



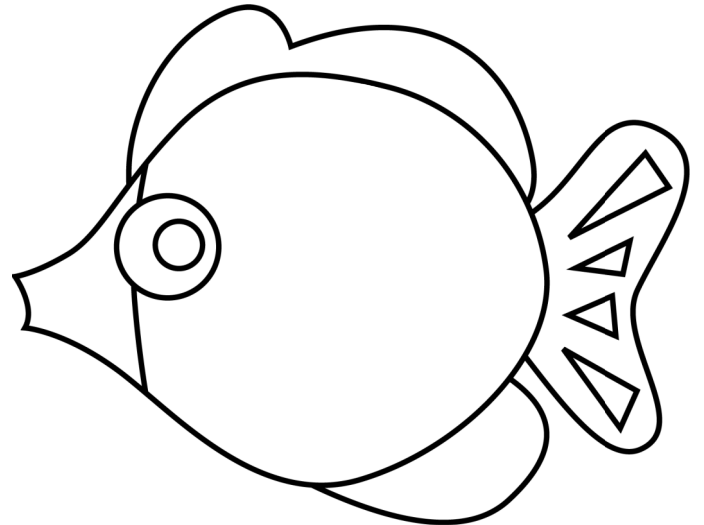
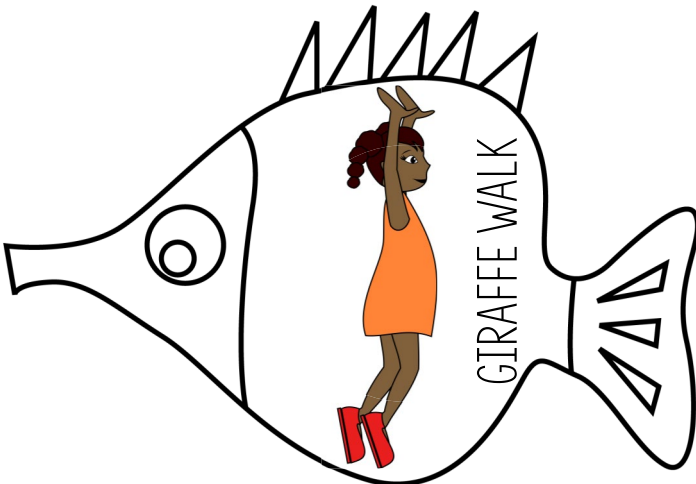
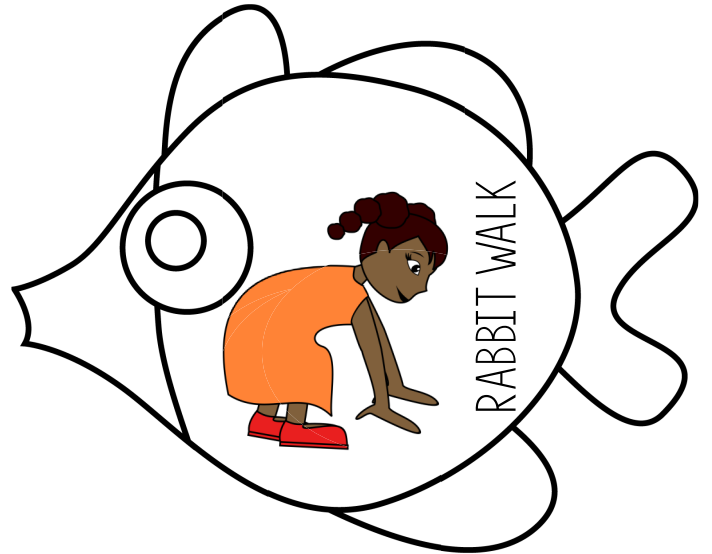
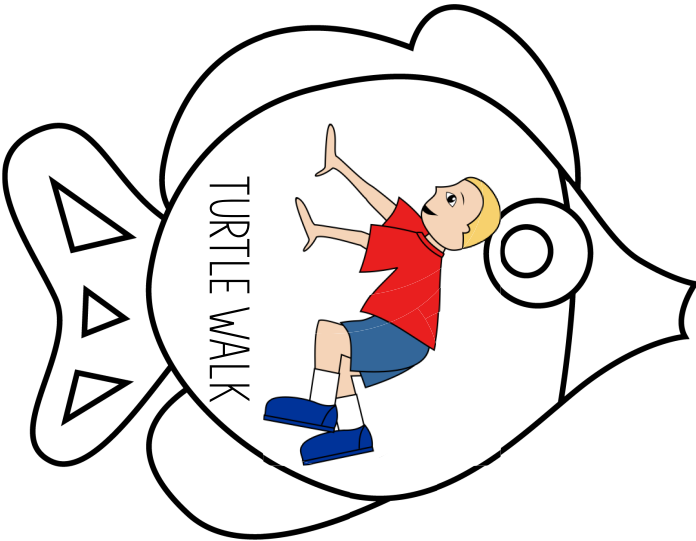
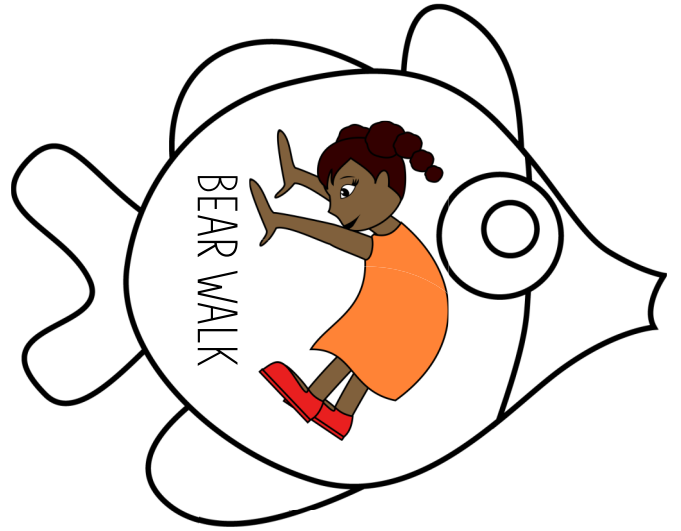
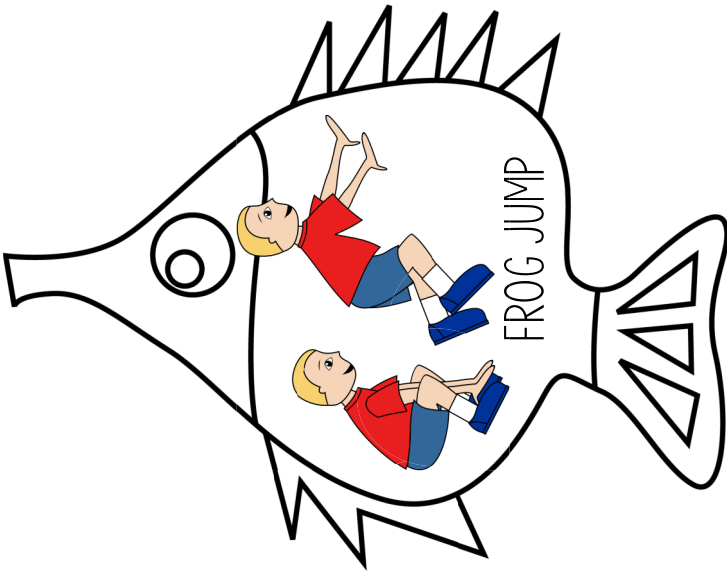
FISH CARDS 2



FISH CARDS 1



FISH CARDS 2



Print out this Emotions Charades and cut the different scenarios into strips. Have children choose one strip of paper to act out for the rest of the family. Once the family members guess what it is, talk to each child about how they would feel in that situation.

EMOTIONS Charades



Hitting a baseball through a neighbor's window
Fighting over a toy with your brother
Saying goodbye to someone you will miss
Going on a rollercoaster
Hitting a homerun
Flying on an airplane
Breaking your favorite toy
Learning to drive
Missing the winning soccer goal
Riding a bike for the first time
Falling off your bike
Holding a baby
Taking out the stinky garbage
Getting dropped off for the first day of school
Not getting invited to a friend's party
Performing in a talent show

TheJoysofBoys.com

One of the great things about this game is that not all children (or adults) will experience the same emotions in the circumstances they act out. Some children would feel joy going on a rollercoaster while others would express fear.

Remember to include younger children, even if they cannot read, by reading the scenario to them and letting them choose which character from *Inside Out* shows how they would feel.



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Tips and Tricks

- **Limit choices** to 2 or 3 activities.
- Provide **movement breaks**.
- **Model the task** before the student engages in.
- Provide **simple instructions** to the student.
- Provide **visual and verbal cues** to provide another method of learning.
- Encourage the student to **attempt tasks themselves first**.
- **Breakdown the task** into smaller manageable steps.
- **Be patient**; with yourself and your child.