

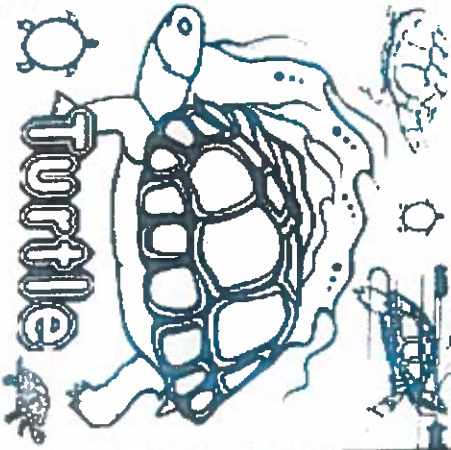
LOVE

Eagle



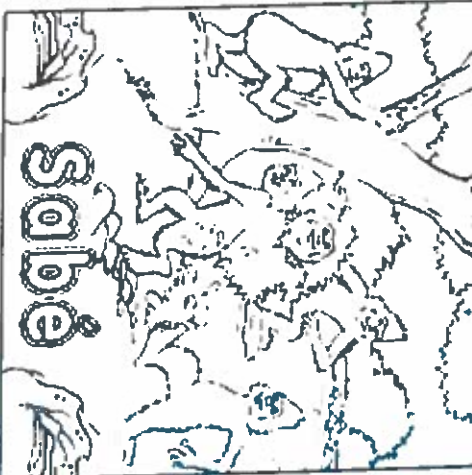
TRUTH

Turtle



HONESTY

Sabé



COURAGE

Bear



RESPECT

Buffalo



WISDOM

Beaver



HUMILITY

Wolf



The Seven Grandfather Teachings

The **Seven Teachings** are the gifts of the Seven Grandfathers. They are: **Love, Respect, Courage, Honesty, Wisdom, Humility, and Truth.**



The **Eagle** carries the gift of **Love** because of its unique relationship with the Creator. Only the **Eagle** has the ability and strength to fly higher than any other animal, thereby placing it closer to the Creator than all others.

Eagles are loving parents and teachers to their offspring, protecting and guiding them.



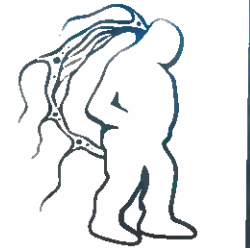
The **Bison** carries the gift of **Respect** because of its close relationship to the well-being of Native people. Traditionally, Native people depended on the **Bison** for survival and used every part of the animal.

The **Bison** is a powerful animal that travels in herds and shows **Respect** for one another and the land.



The **Bear** carries the gift of **Courage** because of its strength and natural ability to overcome challenges. A mother **Bear** will stand against much larger animals to protect her cubs.

The **Bear** shows us how to live a balanced life where there is time for playfulness and time to be assertive and courageous.



The **Sable** carries the gift of **Honesty** because it walks among people and nature to remind us to be true to ourselves and others.

The **Sable** shows us that being **Honest** to ourselves will help us to live in a happy and positive way.



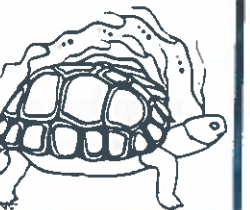
The **Beaver** carries the gift of **Wisdom** because it utilizes its gifts in ways that promote wellness for itself and its family.

The **Beaver** was given large teeth and the knowledge to know how to build enabling it to positively impact the environment and create a more sustainable world.



The **Wolf** carries the gift of **Humility** because of its giving nature and devotion to protecting and working for the good of the **Wolf** family. The **Wolf** places the welfare of the pack above its own.

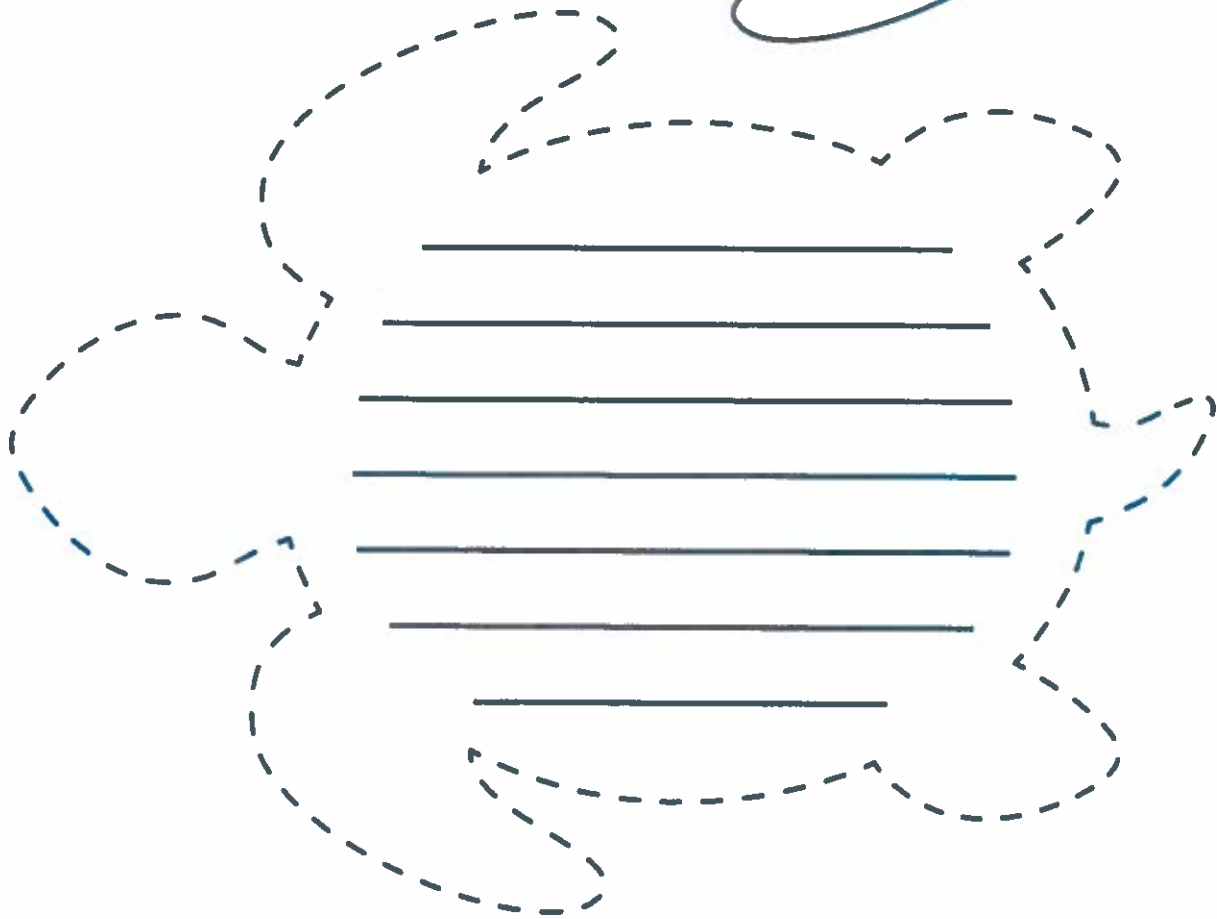
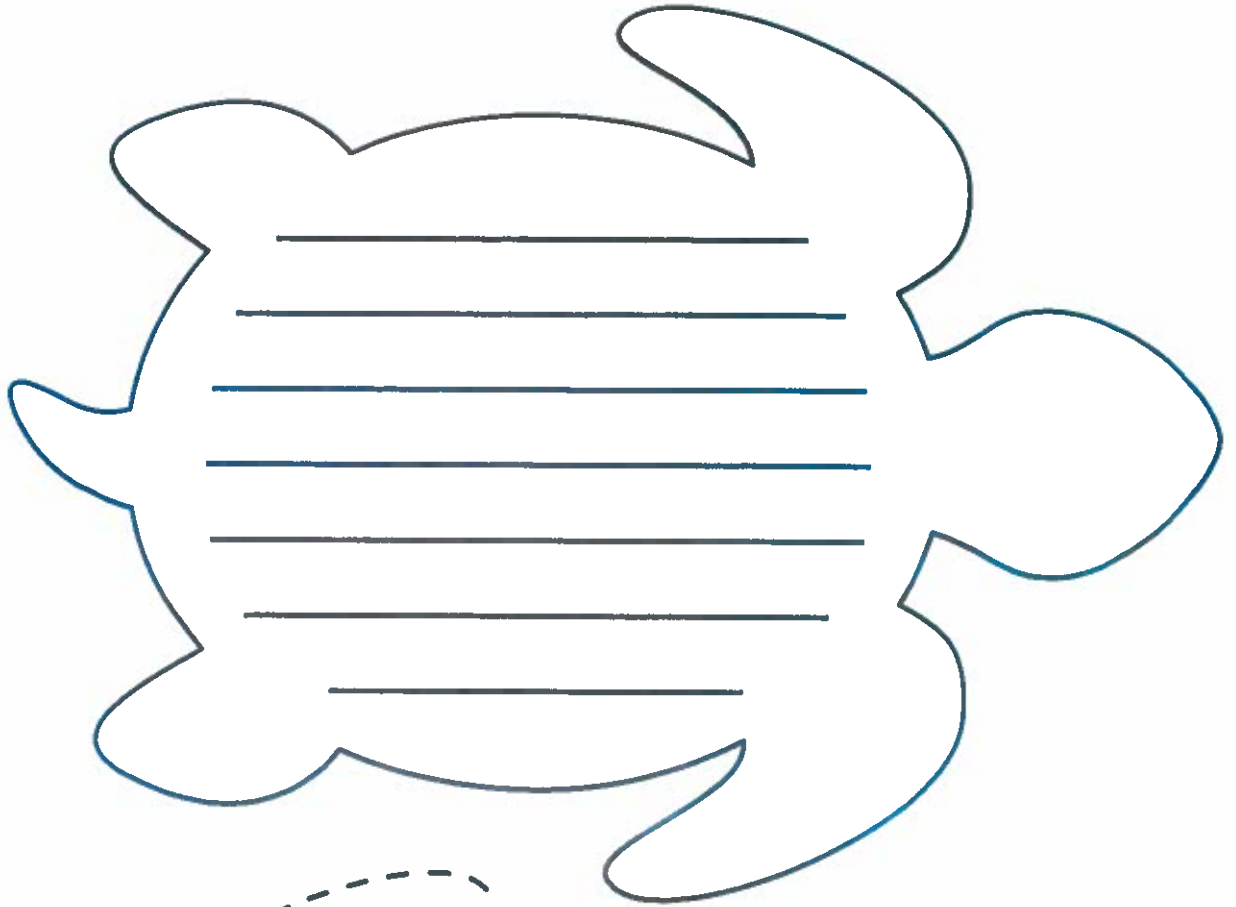
Wolves mate for life and are generous and loving parents, setting an example of what our communities and family systems should be.



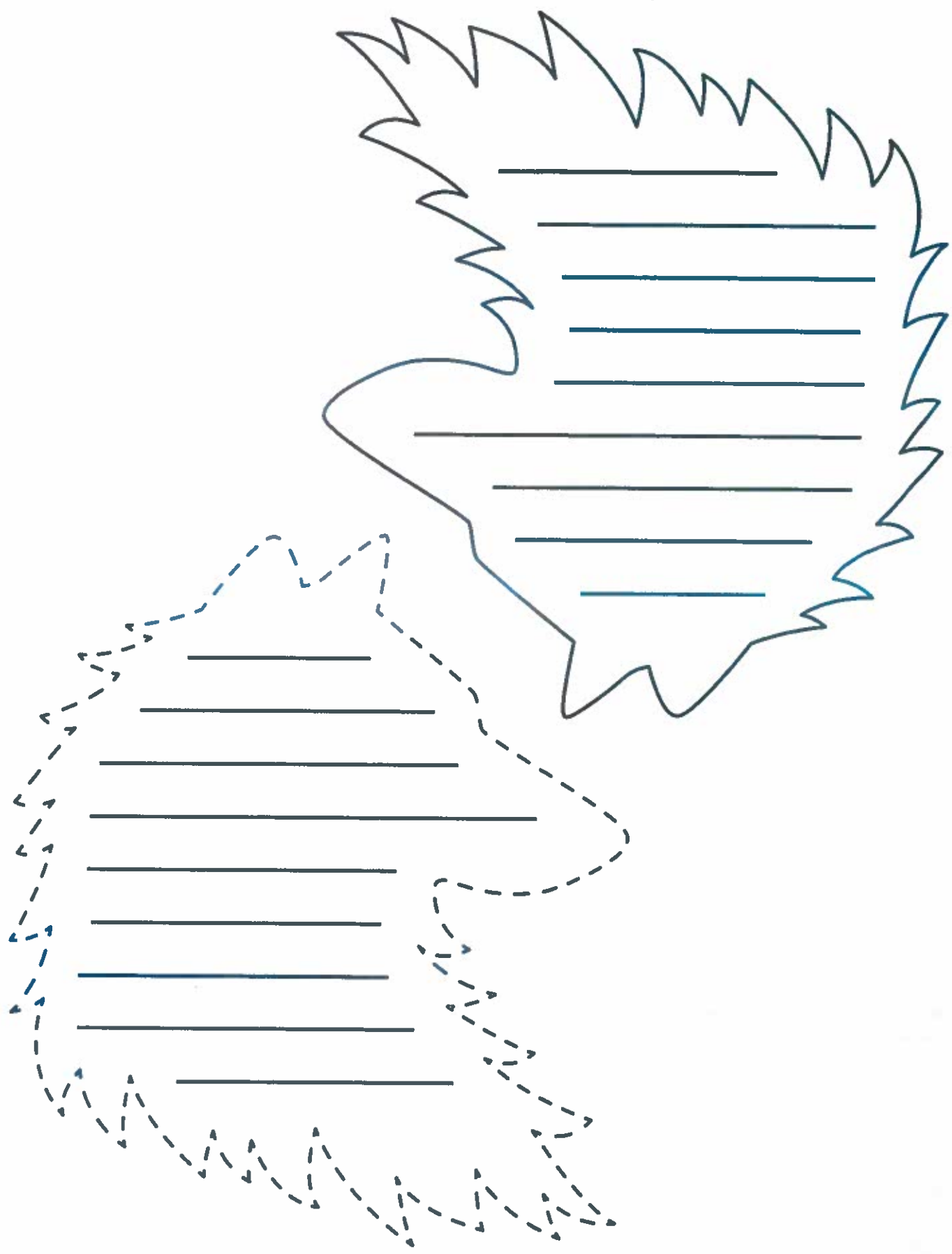
The **Turtle** carries the gift of **Truth** because it is one of the oldest animals on our planet, and is said to have witnessed Creation. **Truth** is to know and understand all the Seven Teachings given to us by the Seven Grandfathers and to remain faithful to them.

The **Turtle** is grounded, methodical, careful and attentive to details – important qualities for those who speak the **Truth**.

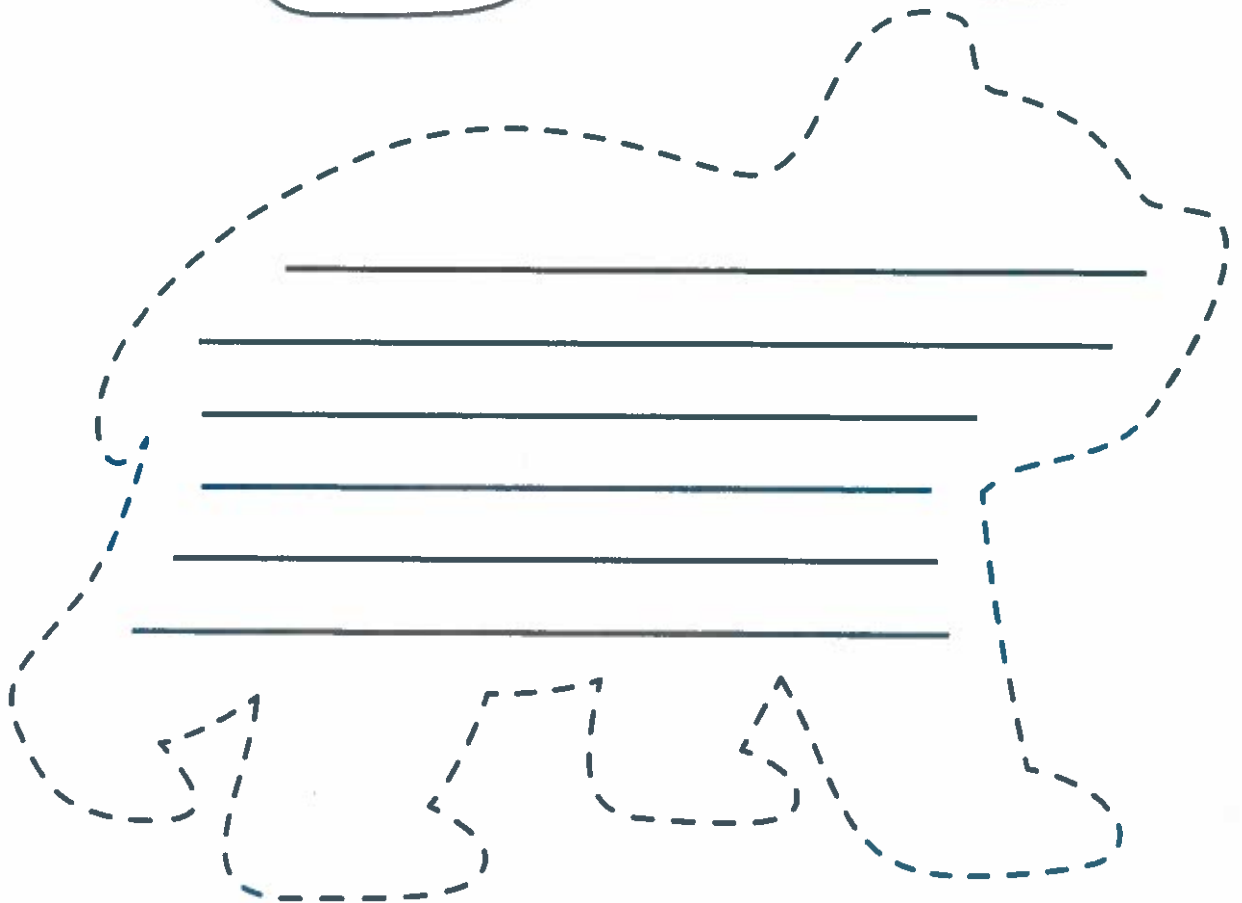
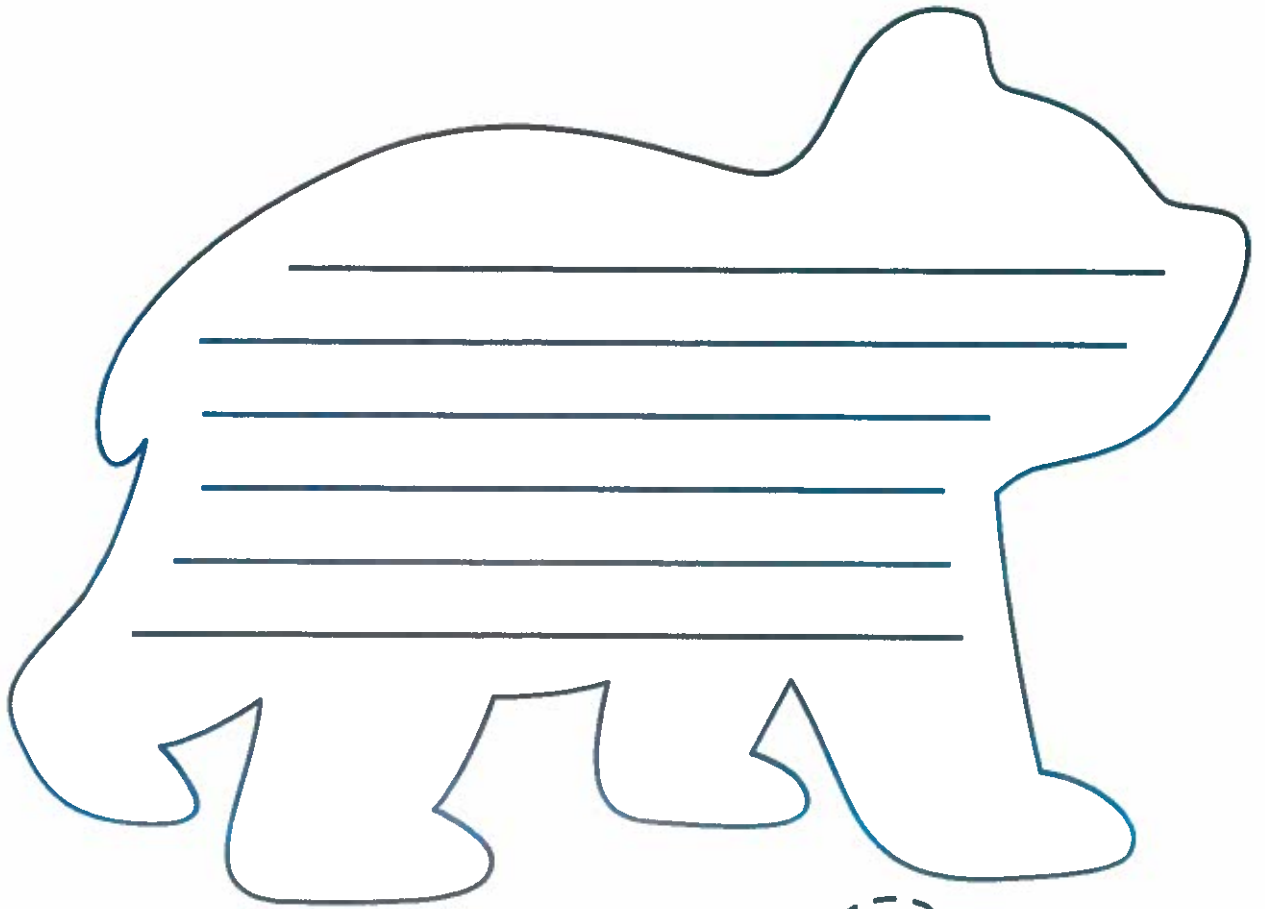
Turtle - Truth



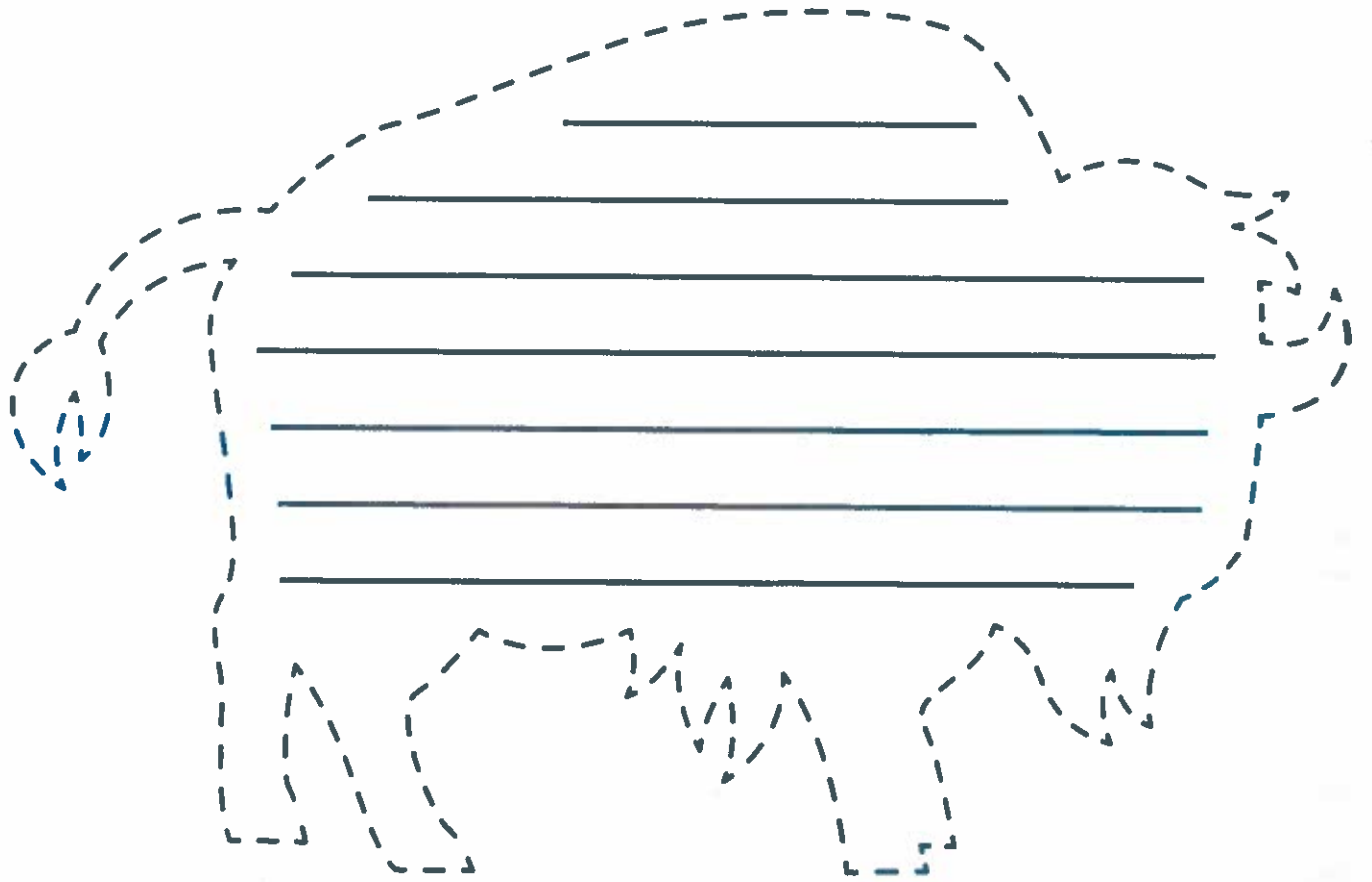
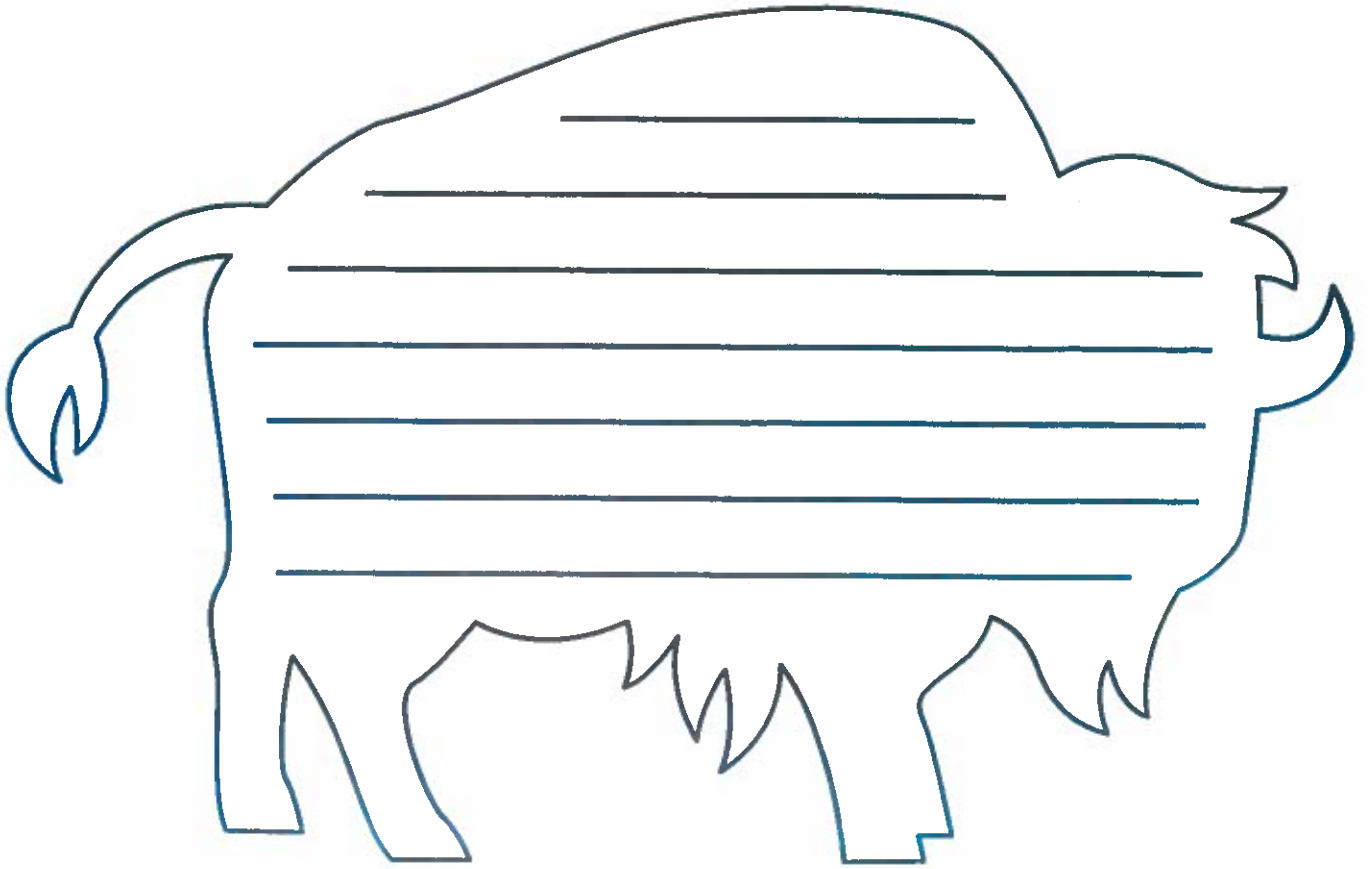
Wolf - Humility



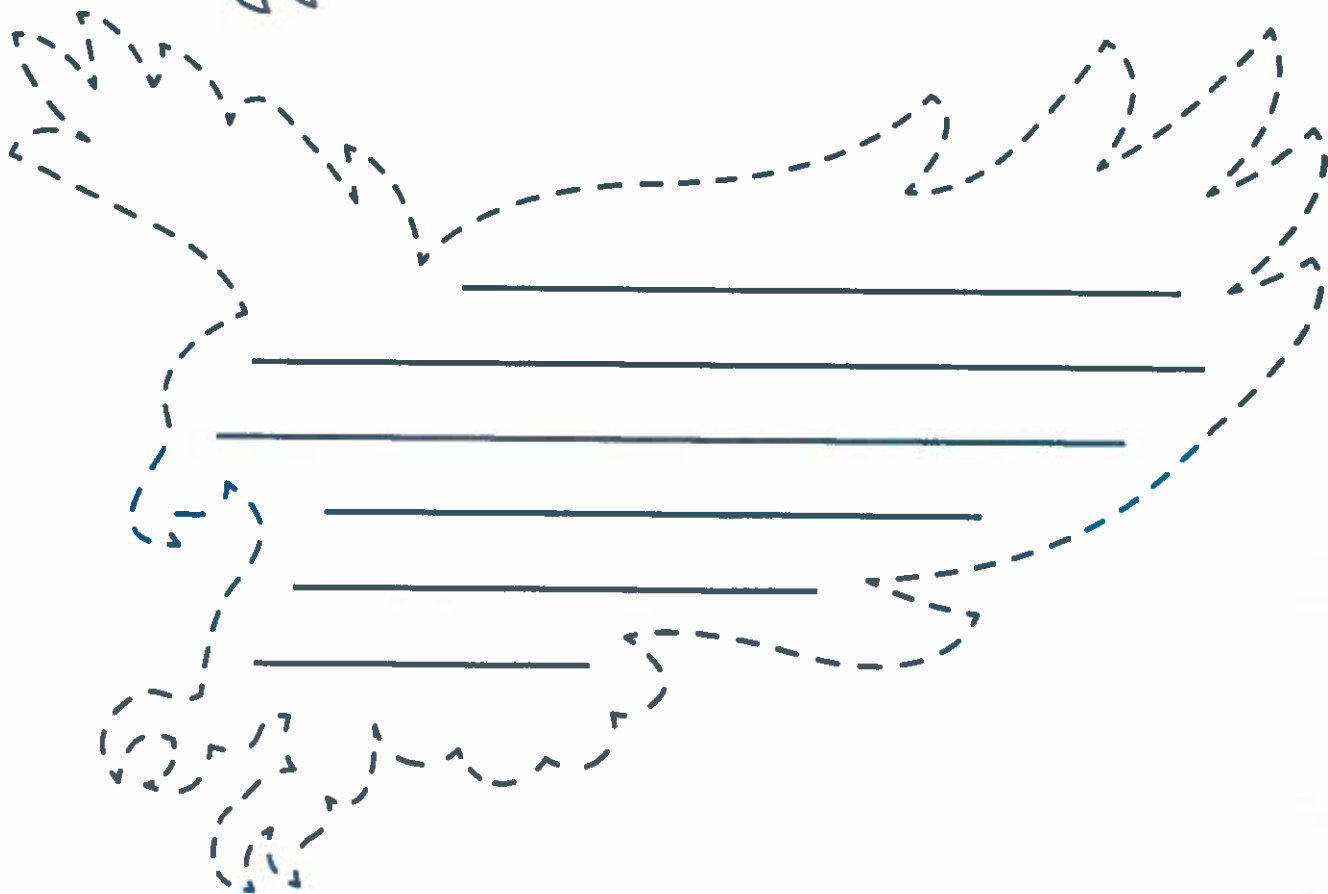
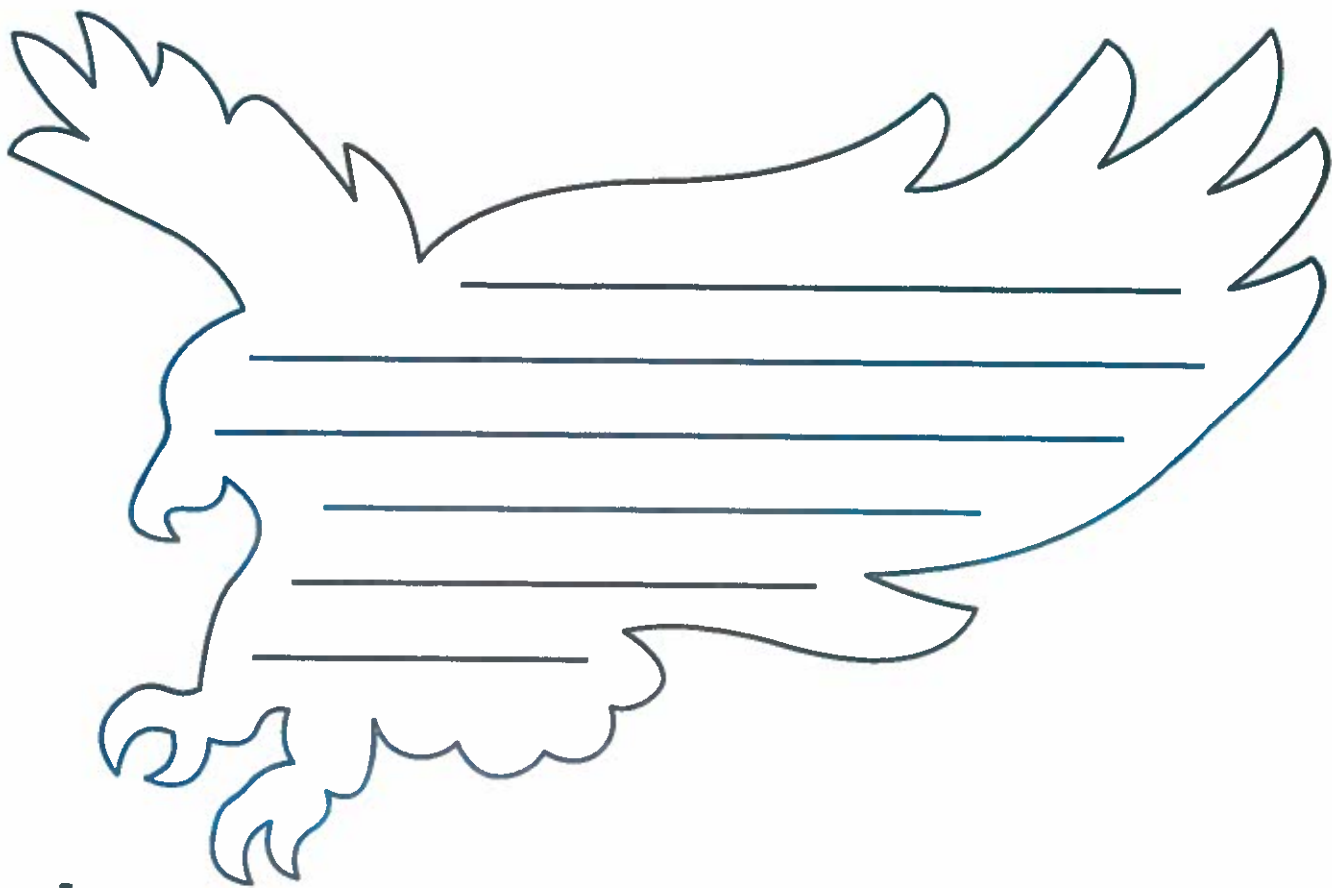
Bear - Courage



Bison - Respect



Eagle - Love



Beaver - wisdom

A worksheet for writing a beaver's wisdom. It features two speech bubble shapes. The top speech bubble is solid and contains 12 horizontal lines for writing. The bottom speech bubble is dashed and contains 10 horizontal lines for writing.

